Novel research to pinpoint risk of heart attack, stroke

A TEAM of scientists has discovered more than 10 types of unique proteins which are commonly present in the blood of a person who recently suffered a stroke or heart attack.

Their research is expected to result in the development of a sensitive diagnostic tool – possibly a simple blood test kit – which can detect the bio-markers that can pinpoint the risk of heart diseases before it happens.

The team will expand its research to study the existence of these proteins in Singapore’s multi-racial population. The team, led by Nanyang Technological University, also includes National University Hospital and the Interuniversity Cardiology Institute of the Netherlands.